

NIHR Mental Health Implementation Network Improving child and young person mental health through parent-led CBT - agenda

Wednesday 13 March 2024, 1–3 pm

Chair: Dr Daniel Michelson, King's College London

1:00-1:05 pm	<p>Welcome and introductions (MHIN Project Leads) Dr Daniel Michelson, Clinical Senior Lecturer, King's College London Becca Randell, Kent, Surrey and Sussex Implementation Lead – Starting Well</p>
1:05-1:10 pm	<p>Overview of Mental Health Implementation Network (MHIN) Programme Dr Sundus Khalid, Postdoctoral Fellow (MHIN), King's College London</p>
1:10-1:25 pm	<p>Innovation leads' perspective on parent-led CBT Prof Cathy Cresswell, Professor of Developmental Clinical Psychology</p>
1:25-1:40 pm	<p>Overview of the evaluation of parent-led CBT interventions in schools across the north-west coast Dr Kathryn Berzins, Senior Research Fellow, ARC North West Coast IMPaCT, MHIN North West Coast Lead</p>
1:40-2:10 pm	<p>Working on Worries – improving access to parent-led CBT in East of England Dr Tim Clarke, Head of Innovation, NHS Norfolk and Waveney Integrated Care Board (ICB); MHIN East of England Lead Natalie Brown, Pastoral Support Manager (Nebula Federation) Luke Wrigley, Research Assistant Psychologist, Norfolk and Suffolk NHS FT</p>
2:10-2:25 pm	<p>Parent / caregiver perspective on parent-led CBT Farheen Yameen, Patient Public Involvement Lead, ARC North West Coast Rachel McGuire, Patient Public Involvement Lead, ARC East of England</p>
2:25-2:35 pm	<p>Involving / engaging children in parent-led interventions Dr Rebecca Nowland, Senior Research Fellow, University of Central Lancashire; MHIN North West Coast site Implementation Team Manager</p>
2:35-2:50 pm	<p>Reflections on implementation: translating parent-led CBT into practice Dr Daniel Michelson Clinical Senior Lecturer, King's College London Becca Randell, Kent, Surrey and Sussex Implementation Lead – Starting Well</p>
2:50-3:00 pm	<p>Next steps and concluding remarks Dr Daniel Michelson, Clinical Senior Lecturer, King's College London</p>