

## NIHR ARC South London 'Inside Research' seminar series

**Date:** Wednesday 16 June, 6.00–7.30pm

**Theme:** *How applied health research is supporting people with multiple long-term conditions and reducing health and care inequalities.*

### Programme

Chaired by Dr Rishi Das-Gupta Chief Executive, Health Innovation Network

6.00–6.05pm Welcome from the chair

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#### Presentations and Q&A

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6.05–6.15pm **Presentation 1:** The development of the Therapeutic Engagement Questionnaire (TEQ) and its potential future use in a variety of care settings

Presenters:

**Mary Chambers**, ARC South London patient and public involvement research theme lead, professor of mental health nursing, Director, Centre for Public Engagement, Kingston University and St George's, University of London, and **Collen Baffana**, mental health adult ward manager, Queen Mary's Hospital in Roehampton, London

6.15–6.25pm **Josephine Ocloo**, diversity and inclusion lead, ARC South London, introduces public research panel member followed by Q&A

6.25–6.35pm **Presentation 2:** Health and social care research for people with multiple long-term conditions – findings from an ARC public involvement workshop

Presenters:

**Clare Coultas**, research associate, ARC South London public health and multimorbidity theme, **Marion Sumerfield** and **Rashmi Kumar**, both patient and public involvement representatives, ARC South London palliative and end of life care theme

6.35–6.45pm **Josephine Ocloo** introduces public research panel member followed by Q&A

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6.45–7.10pm Breakout sessions

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7.10–7.25pm Final reflections (all)

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7.25–7.30pm Final comments from the chair

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### Breakout session questions

1. What do you feel are the most important issues for people living with multiple long-term conditions, including mental health? What are some of the questions that people living with multiple long-term conditions would like research to look into and answer?
2. What are some of the things that help and hinder people living with multiple long-term conditions (including mental health) to participate in research in south London?
3. How can we all share research opportunities and research findings with people with multiple long-term conditions (including mental health) in south London?